

# How to Find Time to Read

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**Sir William Osler( July 12, 1849 – December 29, 1919) was a Canadian physician and one of the four founding professors of Johns Hopkins Hospital. Osler created the first residency program for specialty training of physicians, and he was the first to bring medical students out of the lecture hall for bedside clinical training. He has frequently been described as the "Father of Modern Medicine". Osler was a person of many interests, who in addition to being a physician, was a bibliophile, historian, author, and renowned practical joker.**

**What is the main idea of the passage?**

# Questions

1. As for you, which period of time is better to read for 15 minutes a day?
2. What do you think of the method that read 15 minutes every day? Is it an effective way or not? Why?
3. How do you find time to read?

# **1. As for you, which period of time is better to read for 15 minutes a day?**

**I like to read in the morning. After I wake up, I will be energetic and sober, which can help me understand the hidden meaning of reading better. What is more, it is in the morning that I am more interested in reading. I will be more willing to find time to read and think about reading.**

**2. What do you think of the method that read 15 minutes every day? Is it an effective way or not? Why?**

**Statistics show that if we did average reading in just 15 minutes a day, we could read a grand total of 1,512,000 words in a year, which is about 20 books. So it is a good way to read when we are busy. There is no doubt that it is an effective way to increase our reading. In the long term, it would become a good habit if you insisted.**

### 3. How do you find time to read?

In my opinion, I always read books when I have free time. But if I were busy and addicted to reading, I would find time to read. For example, I will read in the break time during every class, or before I have an afternoon nap, or before I go to sleep at night, or maybe I will get up earlier than normal to have a morning reading.

# Structure of the text

## 1. Introduction (Para.1~2)

The number of words of average reading in 15 minutes a day for one year.

## 2. Example (Para.3~5)

Sir William Osler, one of the greatest of all modern physicians, would read the last 15 minutes before he went to sleep.

## 3. Conclusion (Para.6~7)

Each of us must find our own 15-minute period each day, which is an easy way to become well read.



*Thank you for listening*